# Sustainable AI-Based Prediction of Air Pollution Levels in London

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**Abstract** - Air pollution exposure not only leads to respiratory and cardiovascular diseases, but is also detrimental to cognitive abilities, mental health, and prenatal development. Thus, cities worldwide have invested in sophisticated air pollution monitoring systems to assess and reduce air pollution and its consequences. When excessive build-up of air contaminants occurs, emergency measures must be enacted to reduce human exposure and decrease pollution levels. Predicting such situations a few hours in advance is critical to prevent human health from being compromised. While usage of deep neural networks has become very popular, standard machine learning approaches remain very attractive: they deliver competitive performance, they do not rely on specialised equipment, and their energy consumption is sustainable. Experiments conducted on London air quality data demonstrate that Linear Regression achieves state-of-the-art performance, with 1-hour and 24-hour predictions displaying, respectively, 0.2 and 3.2 mean absolute errors. Moreover, its power usage is a fraction of what is required by its deep learning competitor for both training and predicting, i.e., 1/2840th and 1/126th, respectively. This is significant as they demonstrate air pollution prediction can be sustainable and accurate without prohibitive hardware investments.

Keywords: air pollution prediction, sustainable AI, machine learning, energy consumption, air quality, sustainable

#### 1. Introduction

In 1952, the Great Smog of London killed over 10,000 people in 5 days [1]. It led to the first legislation aimed at controlling dangerous emissions in 1956 [2]. Although air quality is now meticulously monitored in the city, 3,600 to 4,100 deaths were attributed to air pollution in 2019 [3]. This situation led Public Health England to categorise human-made air pollution as the most significant environmental risk to public health in the UK. The two most dangerous pollutants are nitrogen dioxide (NO2) and fine particulate matter with a diameter of 2.5  $\mu$ m or less (PM<sub>2.5</sub>). London authorities put in place an Ultra Low Emission Zone (ULEZ) to reduce air pollution. Since internal combustion engines are the main sources of NO2, its emissions between 2019 and 2022 were reduced by 23%. Unfortunately, PM<sub>2.5</sub> emissions only decreased by 7% [4]. Indeed, they are much more difficult to both control and predict as only 30% are due to road traffic: over 50% come from regional/international sources and 17% from households burning wood and coal for heating.

Forecasting air pollution proves invaluable in providing information about pollution levels, enabling policymakers to implement measures to mitigate its impact. Thus, many studies have developed air quality forecasting models [5], based on statistical, deterministic, physical, and machine learning (ML) approaches [6]. Methods relying on probability and statistics tend to be intricate and less effective than ML-based models which have demonstrated more reliability and consistency. Among them, Support Vector Regression (SVR) has performed well in predicting pollutants and particulate levels. [6] and [7] respectively. Random Forest (RF) and XGBoost have also proved efficient and able to handle multimodal data such as street map and weather data [8]. Recently, deep learning (DL) approaches have been particularly popular. They include hybrid models such as Convolutional Neural Network- Recurrent Neural Network (RNN), Attention-RNN, and RNN-LSTM (Long Short-Term Memory) [9] and [10]. Since efforts have been focused on predicting air pollution in highly polluted megapoles, such research has been limited in the UK, even in London. Still, in a study comparing 12 ML methods forecasting PM<sub>2.5</sub> in London, Linear Regression (LR) proved the best standard ML method, but was outperformed by a DL method, i.e., LSTM [11]. On the other hand, similar predictions for Nottingham, reached a different conclusion with LR and SVR achieving better performance than LSTM and Bi-LSTM [12].

While model performance is crucial when choosing a ML approach, its energy and carbon footprints should also be considered. Indeed, the ML community has started reflecting on the balance between performance gains and environmental impact as per [13] and [14] respectively. This issue has particularly been exacerbated with the arrival of large language models, each being responsible for hundreds of tonnes of CO2 equivalent [15]. Moreover, as the trend during the DL era has been to see computational requirements double every 2 months [16] and [17], DL may soon emerge as a counterforce in the

battle against climate change [17]. In addition, the cost of specialised hardware, which is required for DL, can be a barrier to entry for individuals and organisations creating inequality within and between communities. This is particularly distressing as air pollution already reinforces socio-economic inequalities [18]. As DL models require more computing power than traditional ML models, and recent studies suggest that, for air pollutant prediction, the performance gain of using DL may be minimal [11] or nonexistent [12], this study will focus on standard ML models using LSTM as a DL reference to identify which is both effective for various prediction horizons and sustainable in term of energy consumption.

## 2. Methods

The data used in this study consists of hourly PM<sub>2.5</sub> measurements (in  $\mu$ gm<sup>-3</sup>) from the Eltham monitoring station in the Royal Borough of Greenwich, London. They were extracted from a wider dataset consisting of values from seven different stations over 120 days, from 1<sup>st</sup> January to 1<sup>st</sup> May 2019 [19]. After following the data preprocessing approach reported in [11], the data were restructured into a sliding window format (Fig. 1(b)) before being used for predictions (Fig. 1(a)).



Fig. 1: Flowchart showing methodology (a) and sliding window method (b), where *t* is the current time, *n* is the size of the sliding window, and *m* is the prediction horizon length. For example, when using a sliding window of 3 hours to predict the value in 1 hour's time, *n* and *m* would be equal to 3 and 1 respectively. Thus, prediction of the value at t + 1 would rely on values at t, t - 1, and t - 2.

This study evaluates traditional ML approaches, (i.e., linear regression, RF regression, and XGBoost), and LSTM for forecasting hourly  $PM_{2.5}$  concentration in Eltham. It goes further than [11] and their next hour predictions as it investigates predictions for longer horizons from 3 to 24 hours. As the size in hours of the sliding window is an important factor in determining the results from a given model, values from 3 to 24 hours were investigated. Moreover, the hyperparameters for RF regression, XGBoost and LSTM are optimised using a grid search. As per the standards in the field, the root mean squared (RMSE) and mean absolute errors (MAE) are used to evaluate the models.

Since this work aimed to identify an air quality forecasting method that provides the best performance while using as little energy as possible, the energy usage of both training and prediction processes for each model was calculated. As the CodeCarbon package is well-documented [20], it was chosen to estimate energy consumption in kilowatt-hours (kWh).

### 3. Results

Table 1: Comparative results for 1 hour prediction of traditional machine learning methods and those reported in [11]. Power ratio is defined by the energy consumption of a model during training or predicting divided by that of the best performing LSTM solution.

Model	Hyperparameters	Sliding window size	MAE	RMSE	Power ratio	Power ratio
Linear regression	N/A	3 hours	0.239	0.579	1941	<u>(prealeting)</u> 88
	N/A	12 hours	0.239	0.581	2951	27
	N/A	19 hours	0.235	0.574	2840	126
	N/A	24 hours	0.237	0.577	1268	31
Random forest	estimators: 40, max_depth: 7	3 hours	0.316	0.583	137	49
	estimators: 45, max_depth: 6	12 hours	0.332	0.603	67	47
	estimators: 20, max_depth:6	24 hours	0.35	0.612	2	2
XGBoost	estimators: 100, max_depth: 4, learning rate: 0.1	3 hours	0.327	0.602	278	13
	estimators: 100, max_depth: 2, learning rate: 0.1	12 hours	0.361	0.623	358	15
	estimators: 95, max_depth: 2, learning rate: 0.1	24 hours	0.372	0.630	79	28
LSTM	units: 39, learning rate: 0.001, batch size: 24	3 hours	0.487	0.821	1.9	0.2
(optimizer: adam,	units: 42, learning rate: 0.001, batch size: 24	12 hours	0.423	0.684	0.9	0.8
loss: 'mae')	units: 42, learning rate: 0.001, batch size: 24	19 hours	0.398	0.649	1	1
,	units: 45, learning rate: 0.001, batch size: 24	24 hours	0.439	0.710	1.4	0.9
Linear regression [11]	N/A	3 hours	0.333	0.579	/	/
Random forest [11]	Not specified	3 hours	0.331	0.591	/	/
XGBoost [11]	Not specified	3 hours	0.345	0.617	/	/
LSTM [11]	Not specified	3 hours	0.292	0.574	/	/

In terms of performance, i.e., MAE and RMSE, experiments show that, among the accessed methods for 1 hour predictions, Linear Regression (LR) outperforms the others and LSTM, the best method reported by [11]. One should note they used a much shorter sliding window, i.e., 3 hours. Although a 24-hour window was expected to capture potential daily patterns, 19-hour proved optimal. This shorter window may have helped to prevent overfitting. Concerning energy needs, the DL approach is the worst, consuming 2840 and 126 times more energy than LR for training and predicting, resp. (see Table 1 and Figure 2). Whereas the other models are not as greedy, they are still less sustainable than LR.

Table 2: Predictions using linear regression, with a 19-hour sliding window, for a variety of prediction horizon lengths.





Fig. 2: Comparison of energy consumption - both training and predicting - for each approach using best performing parameters.

Among all methods, linear regression also performs best for longer prediction horizons (data not shown). Moreover, Table 2 reveals that for this model, MAE and RMSE increase linearly with the length of the prediction horizon. These MAE values can be compared to the widths of  $PM_{2.5}$  bands used by the UK government to inform public health advice. The narrowest of these bands is 4 µgm<sup>-3</sup>, suggesting that predictions up to 24 hours may support decision making.

# 4. Conclusion

Despite the adoption of deep learning solutions in many application areas, this study suggests that linear regression is particularly appropriate to predict air pollution levels. Not only does this approach outperform its competitors in terms of MAE and RMSE, but also it consumes the least energy by a significant margin for both training and predicting. In addition, its predictions for a horizon of up to 24 hours are expected to support decision making to reduce particularly harmful human

exposure. Although further investigations should be undertaken, this study supports the aspirations that AI-based solutions are sustainable, affordable, and effective, and that their energy needs must be considered during development.

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